

UNLOCK COACHING JOURNEY

Special Unlock Summit Edition



**UNLOCK
SUMMIT**

Unlock Self. Unlock Others. Unlock Change.



Igniting Your Growth with Clarity, Confidence, & Focus.

THE K3Y JOURNEY ACTIVITIES



Series of 3 sessions. Each session is 1 hour in length & will generally be delivered on-line, every 2-4 weeks.

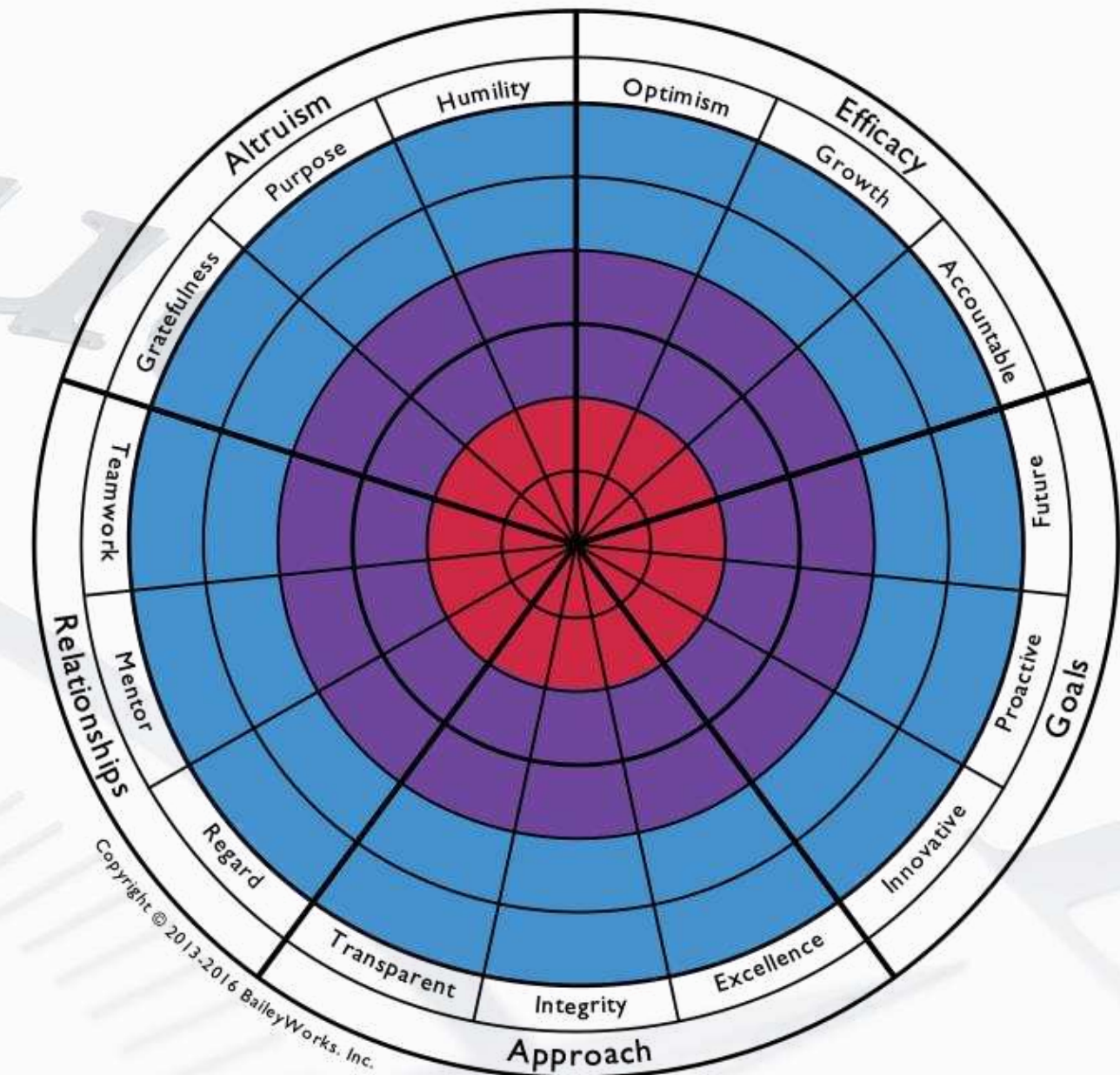
PERSONAL BLUEPRINT

Focuses on Beliefs & Values

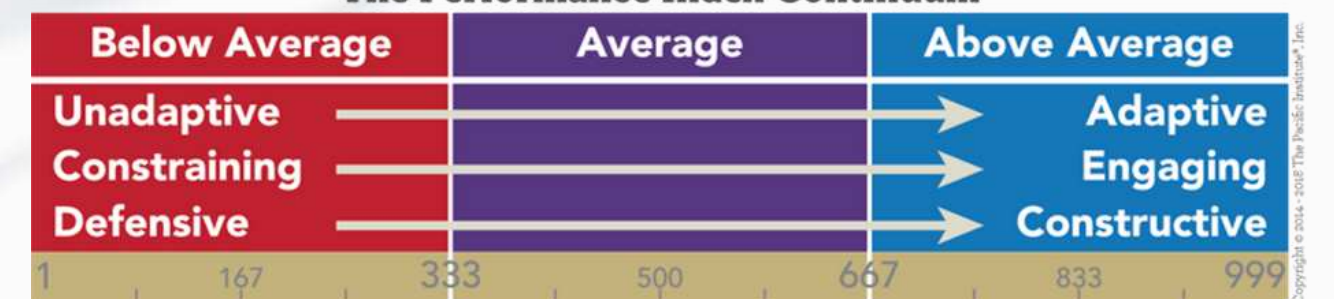
Beliefs can be helpful as they drive confidence: we call these liberating or empowering as they help us perform at our highest levels – the ability to approach tasks with confidence & resilience.

In contrast, beliefs that are not helpful are considered limiting – a tendency to feel helpless instead of resilient. These beliefs limit or constrain & they hold back our performance regardless of our talents or skills.

The PERSONAL BLUEPRINT™ is a snapshot of our current beliefs, which impact the way in which we behave. It provides feedback on our current set of beliefs, which are the parts of our personality that are learned.



The Performance Index Continuum™



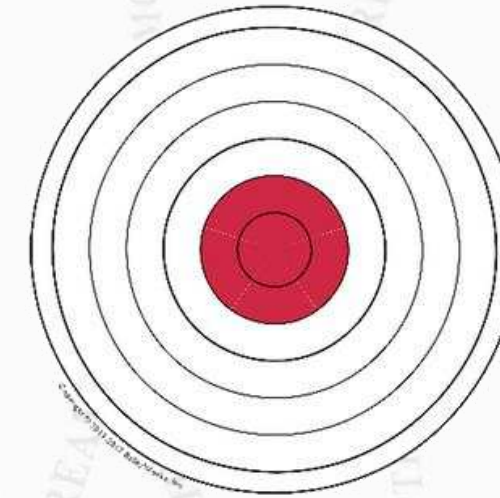
PERSONAL BLUEPRINT

A PERSONAL BLUEPRINT™ assessments provides a visualisation of our mindset so that we can take inventory of what we have internalised. Then we can make choices to reject our limiting beliefs & to replace them with more effective, empowering beliefs & behaviours that will leverage our talents, skills & knowledge.

The report & process around it are designed to:

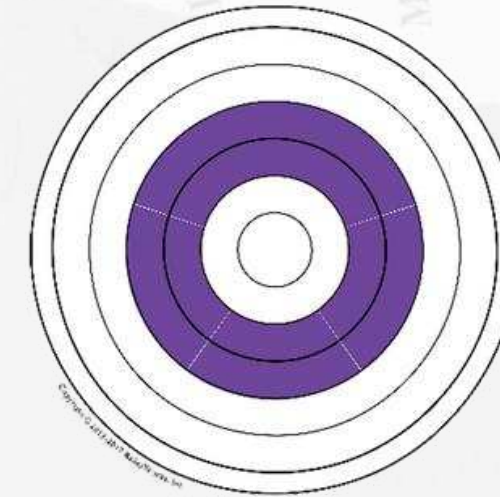
- Build awareness & acceptance of our current mindset & its impact on our effectiveness
- Identify our key liberating beliefs that we currently hold & how to leverage those.
- Identify the limiting beliefs that are holding us back the most & provide a replacement set of liberating beliefs to move towards
- Create individual & professional growth

Limiting Beliefs

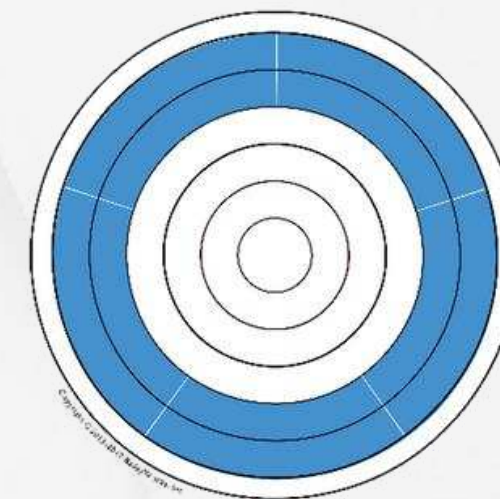


45
Beliefs/
Behaviors

Average



Liberating
Beliefs



45 Beliefs/
Behaviors



The
BluePrint
Toolset®

∞ The K3y

BLUEPRINT™ APPLICATION COACHING SESSIONS

Personal BluePrint™ Application Coaching sessions involves a coaching process around understanding one's current mindset (current reality) and what it could be (vision).

By the end of this process, one will have:

- Enhanced self-awareness of personal beliefs and values impacting your behaviours.
- Clarity of areas of growth and greater potential.
- Inspirational goals to be achieved over an agreed period of time.



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UNLOCK SUMMIT OFFER

Special Unlock Summit Offer

Summit-Exclusive Price:

Only E 1,499 month (Incl. VAT) for 5 months

(Regular price: E 2,400/month)

Secure Your Spot Today!

Email: sue@thek3y.com

Call/WhatsApp: +268 7835 3437

For individuals seeking purpose, professionals aiming to thrive, or leaders ready to inspire.



CLICK HERE

TO JOIN BEFORE JULY 31,2025

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